

## Active Lives Data Summary 2015-2018

	Inactive (%) - doing fewer than 30 mins per week				Fairly Active (%) - doing between 30-149 mins per week				Active (%) - doing at least 150 mins per week			
	Nov 15/16	May 16/17	Nov 16/17	May 17/18	Nov 15/16	May 16/17	Nov 16/17	May 17/18	Nov 15/16	May 16/17	Nov 16/17	May 17/18
<b>National</b>	25.6	25.6	25.7	25.2	12.4	13.8	12.5	12.5	62.1	60.6	61.8	62.3
<b>North East</b>	27.9	27.6	28.1	28.2	11.8	13.6	11.8	11.7	60.2	58.8	60.1	60.1
<b>Northumberland</b>	26.9	27.0	27.0	27.8	11.8	11.5	10.8	12	61.4	61.4	62.2	60.2

	Participation at least 2 times in the last 28 days (%)			Volunteered at least 2 times in the last year (%)		
	Nov 15/16	May 16/17	May 17/18	May 16/17	Nov 16/17	May 17/18
<b>National</b>	77.2	77.2	77.5	14.9	15	13.9
<b>North East</b>	74.7	75.4	74.6	14.9	14.2	14.2
<b>Northumberland</b>	76.5	76.6	76.9	21.6	19.7	18.2

Source - Sport England Active Lives Adults Survey 2015/6 - 2017/18